



Wellness Agents Inc.

# Hemp Information Sheet

Guidelines for hemp product use

*Please note that the following information is a guide only and is not intended as medical advice. Please consult your health practitioner before making any changes to your lifestyle, medications or supplements.*

## Charcoal

Take ¼ teaspoon in half a glass of water

## Hemp Water

Take a swig (shot glass or 30mL) first thing in the morning. Good for leaky gut

## Healing oil

Take whenever it suits you. Start with a ¼ to ½ of a dropper (about 5 drops) daily under the tongue. Good for brain, central nervous system and the immune system

## Root balm

Apply topically to problem areas. Good for gout, pulling toxins and helps with coral cuts (surfers)

## Sateava

½ to 1 teaspoon of leaf per person as a tea. Calmative and good for sleep

## Paste

One “grain of rice” orally. Good for severe pain  
*Do not drive or operate machinery for 6 hours after taking*

## Iodine

2 drops in water as needed

## Mushrooms

Take orally as needed. Good for memory and trauma



If you have any questions, please reach out to [info@wellnessagents.org](mailto:info@wellnessagents.org)



*There is always more to learn: Thriving in a changing world.*